

[illegible]

Featured Local Event: August 2026



Theatre in the Park

Date & Time:

Sunday, Aug 9
11 a.m., 1:30 p.m.
and 6 p.m.

Location:

Whitney Park
800 Main St.

Admission:

FREE

Information:

The talented youth of
Evergreen Theater offer
two performances of
Charleston, followed by
Play-By-Play Theatre's take
on William Shakespeare's
The Comedy of Errors!



[www.downtowngreenbay.com/explore/
downtown-events/theatre-in-the-park](http://www.downtowngreenbay.com/explore/downtown-events/theatre-in-the-park)

Client of the month:
August 2026

**Mary Jo
Janssen**

*Thank you for the
referral last month!*

Healthy Talk

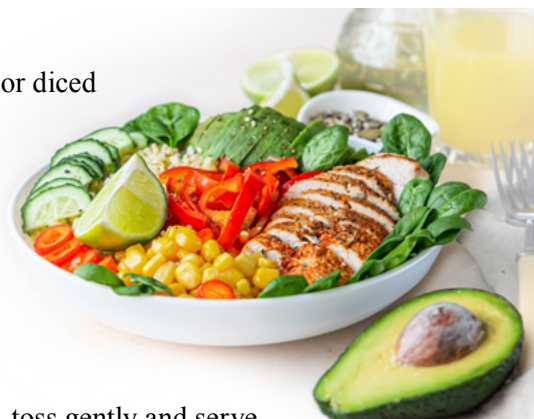
Beat the heat with a no-oven summer supper

August is a wonderful time to enjoy the bounty of the season, but it's also one of the hottest months of the year. The last thing many of us want to do is turn on the oven and heat up the kitchen. Fortunately, a healthy and satisfying supper can be as simple as combining a few fresh ingredients.

Try this easy Summer Chicken and Garden Salad

Ingredients:

- 4 cups mixed salad greens
- 2 cups cooked chicken breast, sliced or diced
- 1 cup cherry tomatoes, halved
- 1 cucumber, sliced
- 1 ear sweet corn, kernels removed
(or 1 cup frozen corn, thawed)
- 1 avocado, diced
- ¼ cup sunflower seeds
- Light vinaigrette dressing



Directions:

Combine all ingredients in a large bowl, toss gently and serve.

Why is this meal healthy? For starters, it's packed with fresh vegetables that provide vitamins, minerals and fiber. The chicken supplies lean protein, which helps maintain muscle and keeps you feeling full longer. Avocado contributes heart-healthy fats, while sunflower seeds add crunch along with beneficial nutrients.

Sweet corn, one of Wisconsin's favorite August crops, provides natural sweetness and fiber, making this meal both nutritious and satisfying. The variety of colorful vegetables also delivers antioxidants that help support overall health.

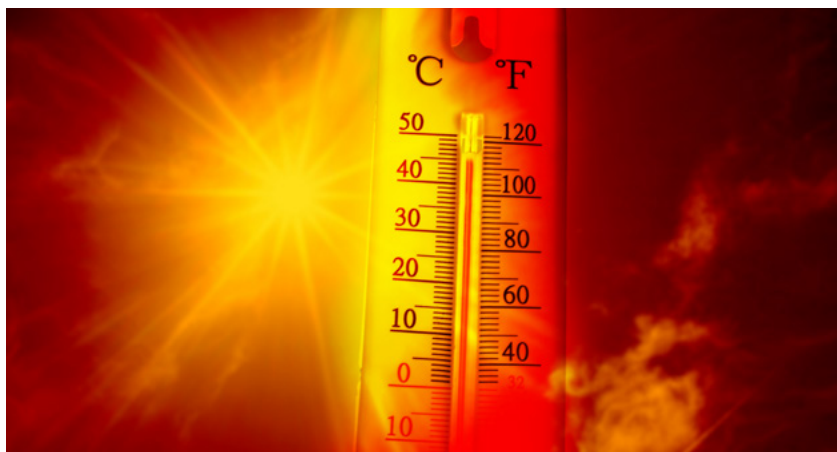
As the season begins to wind down, take advantage of the fresh produce available right now and enjoy a meal that's light, healthy and full of summer flavor.

Quotes for August

**“Summer afternoon—summer afternoon; to me
those have always been the two most beautiful
words in the English language..” — Henry James**

**“Live in the sunshine, swim the sea, drink
the wild air.” — Ralph Waldo Emerson**

**“Rest is not idleness, and to lie sometimes on the
grass under trees on a summer's day... is by no
means a waste of time.” — John Lubbock**



The Summer of 1936: When Wisconsin sweltered

Think this summer has been hot? Imagine living through the legendary heat wave of 1936.

The summer of 1936 is still remembered as one of the hottest and most extreme weather events in Wisconsin history. It occurred during the Dust Bowl era, when much of the nation was suffering through drought, crop failures and record-breaking temperatures.

July was particularly brutal. Day after day, temperatures climbed into the 90s and above 100 degrees in many parts of Wisconsin. The state's all-time record high temperature of 114 degrees was set on July 13, 1936, in Wisconsin Dells—a record that still stands nearly 90 years later.

Making matters worse, air conditioning was a luxury that few people enjoyed. Most homes relied on open windows, electric fans, shaded porches and cool drinks to survive the heat. Many families slept outdoors on porches or in yards to escape stifling nighttime temperatures.

The heat took a heavy toll on both people and agriculture. Crops withered in the fields, livestock struggled, and communities searched for ways to stay cool. Newspapers carried stories of residents flocking to lakes, rivers and swimming holes whenever possible.

For people in Northeast Wisconsin, relief often came from the cooling influence of Green Bay and Lake Michigan, but even those areas experienced unusually high temperatures during the historic summer.

Ironically, while the summer of 1936 was one of the hottest on record, the winter that followed was one of the coldest. Residents who endured the blistering heat soon found themselves battling frigid temperatures and heavy snow.

Today, when August temperatures rise into the 80s and 90s, it's worth remembering that Wisconsinites have survived far worse. The next time you enjoy the comfort of a fan, air conditioner, or a cold glass of lemonade, be thankful you're not trying to make it through the unforgettable summer of 1936!



Cool Blogs, Sites & Online Resources to Check Out This Month!

Only In Your State – Wisconsin

This popular website highlights unique attractions, small-town treasures, scenic overlooks and unusual roadside stops throughout Wisconsin. It's a fun source of ideas for families looking to squeeze a little more adventure out of summer.

www.onlyinyourstate.com/wisconsin

Travel Wisconsin

Looking for one more summer adventure? Travel Wisconsin is packed with ideas for day trips, scenic drives, hiking trails, beaches, festivals, farmers markets and hidden gems across the state.

www.travelwisconsin.com

August

Fun Facts!

- ▶ Wisconsin sweet corn season peaks in August.
- ▶ During peak growing season, sweet corn can grow several inches in a single day under ideal conditions.
- ▶ August's birth flower is the gladiolus.
- ▶ The Perseid meteor shower peaks in August.
- ▶ Watermelon is about 92% water.
- ▶ More people take vacations in August than any other month in North America.
- ▶ August's birthstone is the peridot. This bright green gemstone was prized by the ancient Egyptians, who called it the "gem of the sun."

Before summer slips away...

Hello friends and clients! Can you believe August is already here? It seems like just yesterday we were looking forward to backyard barbecues, family vacations, camping trips and long evenings spent outdoors. Now we're all trying to squeeze every last drop of fun out of summer before Labor Day arrives.

While you're busy checking items off your summer bucket list, there's one thing you don't want to overlook—your carpets.

Summer is wonderful for making memories, but it's also tough on carpeting. Sand from the beach, dirt from hiking trails, grass clippings, pet traffic and extra foot traffic from family gatherings all have a way of finding their way indoors. Even if your carpets don't look dirty, tiny abrasive particles can settle deep into the fibers and begin causing wear.



Uh-oh, are those traffic lanes?

That's when those familiar "traffic lanes" start to appear. Traffic lanes aren't just a cosmetic issue. Over time, dirt and grit act like sandpaper, gradually wearing down carpet fibers and causing your carpet to look older than it really is. We've seen carpets that still look fantastic after many years because they were professionally maintained—and others that aged far too quickly because dirt was allowed to build up.

The good news - and even better news

A professional cleaning removes much of that embedded soil before it has a chance to do lasting damage. It's one of the easiest ways to protect your investment and keep your home looking its best. And here's another reason to call now: you'll save money! Take advantage of this month's special offer and put those savings toward one more summer adventure before the season ends.

So, before the lawn chairs get stored away and the leaves start changing color, give Jensen's Carpet Care & Restoration a call. We'll help your carpets recover from summer so they're ready for everything fall brings.

Call 920-393-4062 today!

Do you know someone who has kids starting back to school soon? If they have never used us, we will give them a **FREE** room of carpet cleaning in your name! (up to 200 sq. ft. of carpet, new clients only)

P.S. We will send you a \$10 Gift Certificate for your referral... So **THANKS** in advance!

ENDLESS SUMMER SPECIAL

Call Jensen's Carpet Care & Restoration

920-393-4062

or email: info@jensenscarpetcare.com
before August 31, 2026, and you get:

• **\$15 OFF your
carpet cleaning***

*Some restrictions may apply. Minimum charge always applies.
Not valid with other offers.



Thank you for the referrals!

Special thanks to all those who referred Jensen's...

Mary Jo Janssen, Chris Mcnitt, Sue Petasek, Robin Petasek, Tom Bauer, Mary Berg, Char Gillis, Facebook, Google Search and Reviews, Yelp and Angie's List, Toonen Properties, Kos Management, Brook Park Apartments, Alliance Management, Olejniczak Realty, Keller Williams Realty

Thanks for all the kind words!

Steve Svoboda "The cleaning was great. The carpeting looks clean, smells great and the techs were fantastic!"

Nancy Swiewert "The cleaning was wonderful, and everything looks great!"

Jeanine Krueger "They did a great job and I was very pleased as always."

Cindy Bormann "The cleaning was great and the tech's were wonderful."

Mike VanStraten "Everything went great. I would definitely recommend your company."



Jensen's Healthy Home News

1720 Lime Kiln Road
Green Bay, WI 54311

*Your new August
issue has arrived...*



Inside:

- Summer adventures before Labor Day
- No-oven summer supper
in *Healthy Talk*
- The summer of 1936

Need help now? Call us!

(920) 393-4062

info@jensenscarpetcare.com

Jensen's Healthy Home News

Grapevine Café



Jensen's MEGA TRIVIA

The first six people who call our office with the correct answer will win a \$15 gift certificate for

Grapevine Café

2058 Allouez Avenue, Green Bay
www.grapevine-cafe.com

**Take your best guess and call us
at 920-393-4062!**

(Be courteous and allow six months between wins)

This month's Mega Trivia Question:

Which Wisconsin location still holds the state's all-time high temperature record of 114 degrees, set during the historic heat wave of 1936?

- | | |
|--------------------|---------------|
| A) Green Bay | B) Madison |
| C) Wisconsin Dells | D) Eau Claire |

Hint: You'll find the answer in the newsletter.